

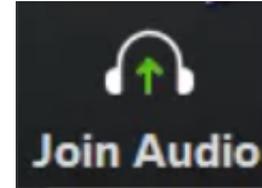
Addressing Social Isolation in Rural America

November 19, 2021

Webinar Instructions

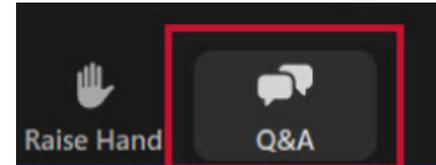
Audio Options

- Use your computer speakers, **OR** dial in using the phone number in your registration email.
- All participants are muted.



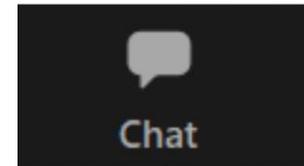
Questions and Answers (Q&A)

- You can submit questions for the panelists at any time during this presentation. On the Zoom module on the bottom of your screen, click the Q&A icon, type your question in the box and submit.



Chat Feature

- The Chat feature allows webinar attendees, the host, co-hosts and panelists to communicate for the duration of the webinar.



CLICK HERE TO START CHAT

Accessibility

- **Screen Reader Users: Reduce unwanted chatter**
 - Request speech on demand: Insert, Spacebar, “S”
- **To get our attention if you need tech assistance:**
 - Raise or Lower Hand: Alt + Y

engAGED

- National effort to increase social engagement among older adults, people with disabilities and their caregivers
- Administered by USAging
- 18 Project Advisory Committee members representing an array of stakeholders and viewpoints
- Funded by the U.S. Administration on Aging, which is part of the Administration for Community Living
- Visit us at www.engagingolderadults.org

Presenters



Len Kaye, D.S.W., Ph.D.

Director, UMaine Center on Aging



Emily Foreman, MSG

Manager of Senior Nutrition Programs,
Jefferson Area Board for Aging



Brenda House

Director, Wyandotte Nation Title VI
Aging Program

Rural Aging: Social Isolation and Engagement



engAGED Webinar
USAgging
Friday, November 19, 2021



Lenard W. Kaye, D.S.W., Ph.D.
Professor, University of Maine School of Social Work
Director, University of Maine Center on Aging

Central Principles for Fighting Social Isolation and its Consequences

- Need to support a productive and engaged aging perspective including creating **universal access** to services and resources in your community
- How to live an engaged and satisfying life into old age is **personally determined** by the individual
- **Everyone has something special** to contribute to the families and communities in which they live
- We all have a responsibility to **fight the nihilistic mentality** that persists in society and fuels elder disengagement and isolation



Social Isolation: An Emergent Public Health Threat

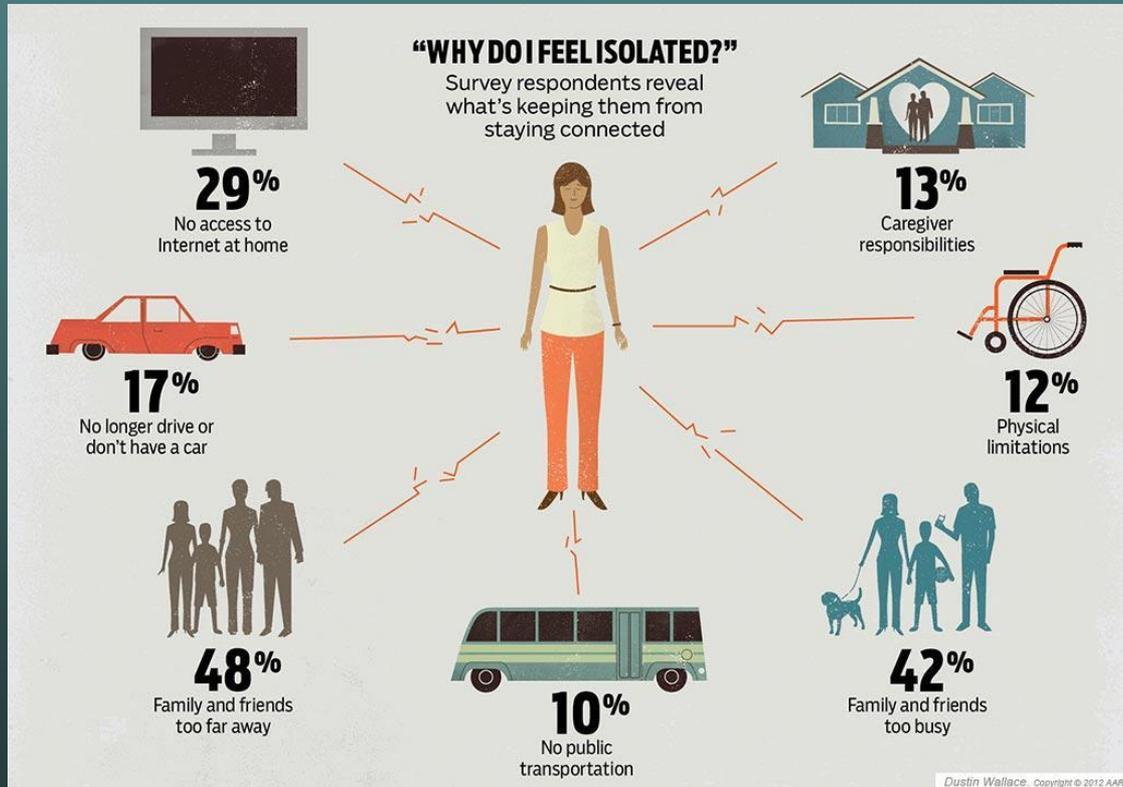
- Americans more socially isolated than ever before especially in rural and underserved urban areas
- Prevalence was as high as 43% among community dwelling older adults before the pandemic
- Higher risk for caregivers of older adults as well
- COVID-19 has served to escalate isolation and loneliness to unprecedented levels. It has now risen to 75% and higher
- Advances in communications and technology has not served to slow the rise in the loneliness and isolation epidemic

Classic Conditions That Put Elders at Risk of Social Isolation

- Dependency
- Vulnerability
- Declining Physical and/or Mental Health
- Acquiescence
- Loss
- Stoicism
- Ageism & Discrimination



Why Do I Feel Isolated?



The Pandemic Has Made Matters Worse

- Failed to make the distinction between physical distancing and social distancing
- Older adults have felt the brunt of pandemic impacts
- Has increased instances of ageism, age discrimination and the number of elder abuse cases



Barriers to Engagement By Older Adults

- Personal need for control and self-reliance
- Poor social and interactive skills
- Minimizing problems and resignation
- Physical and geographic barriers
- Distrust of professional caregivers
- The value placed on privacy
- Ageism and discrimination



At Greatest Risk of Social Isolation and/or Loneliness

Older adults:

- With physical and functional impairment
- Living alone
- LGBTQ+
- 80 years and older
- Living on low income
- Lacking instrumental support (access to transportation, the internet, telephone, etc.)
- With poor mental health
- Facing critical life transitions
- **With a fragile social network**



The Negative Consequences of Social Isolation

- **Linked to loneliness and poor outcomes**
- **Negatively impacts health, well-being, and quality of life, including increased risk of:**
 - ✓ Disabilities
 - ✓ Lower self-reported health/well-being
 - ✓ Mortality and morbidity
 - ✓ Dementias
 - ✓ Hospitalizations
 - ✓ Suicide
 - ✓ Falls
 - ✓ Not surviving natural disasters
 - ✓ Poor health practices and infrequent visits to health care providers
 - ✓ Psychological distress
 - ✓ Abuse/neglect/exploitation
 - ✓ Common cold

The Relationship Between Isolation and Neglect is Undeniable

The strongest risk and protective factors for elder abuse, exploitation, and neglect parallel those for social isolation

- **Risk Factors** (Functional dependence, Poor physical health, Cognitive impairment, Poor mental health, Low income/SES, Living arrangements)
- **Protective Factors** (Social embeddedness and support)

The Overriding Importance of the Informal Support System

- Provision of social support
- Social influence
- Social engagement and attachment
- Stress buffering
- Access to resources
- Stimulate the immune system



Your Greatest Allies – Family, Friends and Neighbors

- Reaching older adults through their informal natural helping networks
 - Are more likely to obtain health care information from trusted friends/relatives
 - Have trusting and enduring relationships with friends and relatives
 - Informal supports can serve as health care mediators
 - Important to accommodate family members who accompany elders to appointments



Rural Life, Isolation, and Loneliness

Rural Residents Compared to Urban Residents Report Less Social Isolation:

- Have more friends and family in their lives
- Are more likely to rely on their social networks
- Are more likely to feel socially excluded or left out
- Have more structural barriers to overcome in maintaining connections
- 20% are always or often isolated or lonely

Differences Might be Related to Rural Culture and Tradition

The Unique Aspects of Rural Social Isolation

- Transportation
 - ✓ Limited availability and infrastructure
- Culture
 - ✓ Self-sufficient and stoic
- Technology
 - ✓ Limited broadband and internet access
- Demographics
 - ✓ Poverty
 - ✓ Aging population
- Access to Resources
 - ✓ Scarce services that are at a distance



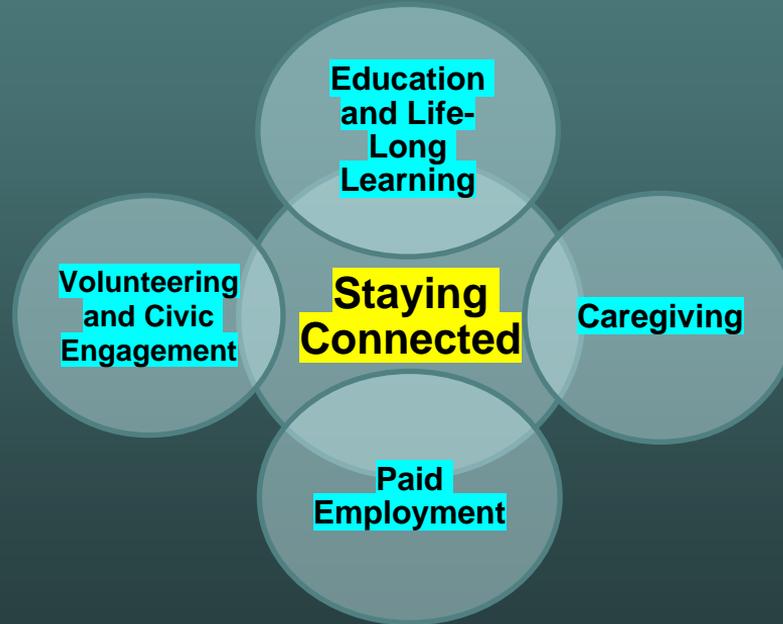
All Older Adults Have Certain Universal Human Needs

- A source of material support
- A source of identity
- A source of structure
- A source of role and function
- A regulator of life
- A source of meaning
- **A source for social relationships**



Successful Aging Often Means Remaining Engaged as We Age

Engaged Aging Occurs in at Least 4 Activity Areas



What We Can Do As Helping Professionals

- Don't equate isolation and loneliness but know that both negatively impact health
- Know that social connection programs need not be extremely costly
- Encourage everyone to become digitally literate
- Use technology as a supplement not a substitute for traditional methods of social contact
- Be an advocate for greater social connectedness in our communities
- Fight systemic and structural inequalities that promote isolation (ageism, age segregation, discrimination, racism)

Four Strategies for Greater Connection*

- **Building on existing programs and services**
- **Using technology as a tool for connection**
- **Promoting meaningful engagement**
- **Creating social bonds across the generations**



Technology Can Help Fight Against Social Isolation

- **Education**
- **Artificial Intelligence**
- **Social Networking with Family and Friends**
- **Phone Buddy Programs**
- **Fraud and Scam Prevention**
- **Virtual Games**
- **Creative Pursuits**

Reducing COVID-19's Negative Impact on Older Adults

Implementing a series of prevention measures endorsed by the American Society on Aging:

- Improve access to age-friendly health care and age-friendly communities
- Provide work and volunteer opportunities
- Expand telemedicine options
- Provide support for family care partners
- Fund isolation-reducing services
- Increase public responsibility to check-in on our fellow citizens

Public Health Issues are Community and Societal Issues!



Thank You!



Lenard W. Kaye, D.S.W., Ph.D.

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Director, University of Maine Center on Aging

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Camden Hall

Bangor, ME 04401

len.kaye@maine.edu

<http://mainecenteronaging.umaine.edu/>

207.262.7922

Redefining Community: How JABA Center Programs Re-Emerged during COVID-19 Crisis

RECONSTRUCT REMAKE
RECYCLE REJUVENATE
REVAMP REDESIGN RENOVATE
REIMAGINE
RETHINK REUSE RECREATE
REFURBISH RESTORE RENEW
REMODEL REDO REVISE



JABA

- **JABA- Jefferson Area Board for Aging**
- **Serving Blue Ridge Planning District 10 for 43 Years**
- **To promote, establish and preserve sustainable communities for healthy aging that benefit individuals and families of all ages.**



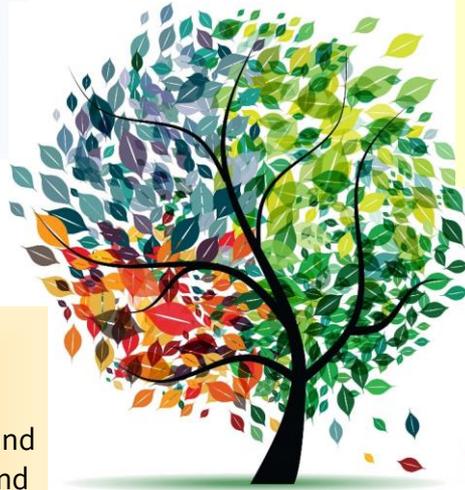
JABA- Community Senior Centers

Spirit

Focus on your emotional needs and seek to provide connection and outlets for expressing those needs

Community

Enjoy socialization, advocacy, collaboration and partnership that builds and strengthens our center and neighborhood relationships.



Mind

Challenge and sharpens your brain through education, creativity and enhancing memory

Body

Learn and use tools for positive nutrition and healthy living no matter your age!

JABA



What a year this
week has been.

jaba
Live better. Longer.

JABA



The Next Normal...



jaba
Live better. Longer.

At Home with JABA



jaba
Live better. Longer.

At Home with JABA

- **What is At Home with JABA?**
- **How did this program get started?**



At Home with JABA

- **What Programs do we offer?**
- **How do we offer so many programs?**



At Home with JABA

visit jabacares.org/at-home-with-jaba



Two Ways to Connect!

There's plenty to do at home via phone and internet with **At Home with JABA** - BINGO Time, games, informative presentations by our JABA nurses, exercise sessions, and more. Also, join our new **At Home with JABA Facebook Group** at www.facebook.com/groups/athomewithjaba

1

CONFERENCE CALLS

Use the following number:
800-920-7487.

Type in the participant code -
86828423#

2

ZOOM

Meeting ID:
627 272 9039

Passcode: 183121

Get links/info at jabacares.org/at-home-with-jaba



Get healthy with seated chair exercises!



Bingo every Monday, Wednesday, and Friday at 2PM! With Prizes!



Information sessions from JABA nurses!



May Activities

Please try to be prompt when joining in on a conference call presentation.

Monday 5/3:

10:15-11:00 AM Healthy Steps with Danny & the Nelson Crew
Join the Nelson Senior Center for a fun Healthy Steps Exercise Program! (Zoom)

2:00- 3:00 PM Bingo Time! (Conference Call)

Tuesday 5/4

10:00-10:30 AM Simple Stretching with Crystal Call in for some simple stretching with Crystal! (Conference Call)

Wednesday 5/5

10:00-10:30 AM Cinco De Mayo Fun with Crystal
Call in to learn some interesting facts about Cinco de Mayo as well as some trivia to test your knowledge! (Conference Call)

2:00- 3:00 PM Bingo Time! (Conference Call)

Thursday 5/6

1:00-1:45 PM Senior Cool Care with Options Counselor Nancy! What is Senior Cool Care? Do I qualify? Call in and listen to Ms. Nancy explain Senior Cool Care and how it might help! (Conference Call)

Friday 5/7

2:00- 3:00 PM Bingo Time! (Conference Call)

Monday 5/10

11:00-11:45 AM Seated Tai-Chi with Hiromi
If you have never tried Tai-Chi this is a great place to start! Hiromi does a remarkable job explaining the exercises! (Zoom)

2:00- 3:00 PM Bingo Time! (Conference Call)

Tuesday 5/11

2:00-2:45 PM Giggling in the Garden with Crystal Do you like Gardening?! Then this is the activity for you! Join us in a chat about Gardening! Bring your best known secret to share with the group! We will be talking about the benefits of gardening, sharing a few funny jokes and some inspirational quotes related

May 2021 Newsletter

At Home with JABA

434-872-3337

AtHomeWithJaba@jabacares.org

www.jabacares.org

May is **Older Americans Month!** Older Americans Month is an annual event dating back to 1963, when President John F. Kennedy designated May as Senior Citizens Month. It was later renamed Older Americans Month, **honoring** older Americans and **celebrating** their contributions to our communities and our nation. So I would like to personally **thank you** for all you have done to make this world a better place!

Note From Crystal, Coordinator for At Home Programs

Good Day! I hope this newsletter finds you doing well and enjoying the sunshine! I cannot believe we are in May already! If there is an activity that you would like to see on our At Home calendar please do not hesitate to give me a call! **We want to make this the best program for you!**

Just a few notes:

-Please make sure if you are joining our conference calls to state your **first and last name** when asked from the conference call line. If you are **new** to the program please make sure to contact me so I can capture a little information and get you on our mailing list!

- **Starting this month** if you participate in any of our activities, your name will go into a drawing to win a prize at the end of the month.

- If you have **NOT** done our At Home Survey (done January-April) please contact me so you can stay on our program. If I have not heard from you by May 15th you will not receive the activity packet in June.



Special Days

May 1- May Day

May 5- Cinco de Mayo

May 6- National Nurses Week

May 9- Mother's Day

May 15- Armed Forces Day (U.S.)

May 24- Victoria Day (Canada)

May 31- Memorial Day (U.S.)

Month Long Observations

Asian Pacific Heritage

Jewish American Heritage

Happy Birthday to our May Members!

I wish you a happy day full of smiles!

At Home with JABA presents:

Senior Cool Care

With Options Counselor Nancy Purgason

Are you in need of air conditioning or a fan this summer?

If you are a senior, you may be eligible for a free fan or window air conditioning (AC) unit from JABA — while supplies last! Please join us on May 6th to hear more about this topic and to learn what your local Options Counselors can do for you.

When: May 6, 2021 @ 1 p.m. via Conference Call

Phone Number: 800-920-7487 (participant code – 66828423#)



Sudoku #3

4	7	9	1	6	5			
	2	3				8	4	
							1	
	1	4	7	8	5			
6		2	3				9	
	3	6	5	8	1			
8								
5	9			4	2			
7	1	5	2		9	8		

Fill in the blank squares so that each row, each column and each 3x3 block contain all of the digits 1-9.

If you use logic you can solve the puzzle without guesswork.

Need a little help? The hint page shows a logical order to solve the puzzle. Use it to identify the next square you should solve. Or use the answer page if you really get stuck.

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Krazydad
Free puzzles and mazes

Military Search and Solve

Find each of the items from the categories listed below. Search vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.

Bow
Deck
Outboard
Marines
Admiral



Major
Barracks
Mess Hall

C	O	L	O	N	E	L	D	B	I	C	R
F	A	V	M	G	S	N	E	X	I		
C	F	M	E	S	S	H	A	L	L	O	Y
A	L	E	B	C	E	K	O	M	J	E	Z
P	J	T	C	H	D	F	B	I	L	D	S
T	M	P	N	R	O	C	T	N	B	K	J
A	H	A	E	Y	O	R	U	V	C	O	L
I	R	T	R	S	V	F	O	A	C	C	M
N	A	M	T	I	L	A	R	I	N	D	A
G	K	E	O	Z	N	R	N	I	N	Y	J
X	R	Y	M	R	A	E	R	G	A	S	O
N	B	O	W	B	Y	A	S	J	F	Z	R

Find four branches of the military.

Find four ranks of the military.

Find four items that are part of a ship.

Find four items that are part of a military base.

www.ActivityConnection.com

Strawberries-and-Cream Breakfast Oat Delight

A no-bake recipe

Ingredients:

- 1 1/2 cups old-fashioned oats
- 1 1/2 cups milk
- 1 cup strawberry Greek yogurt
- 2 tablespoons chia seeds
- 3/4 cup diced strawberries (fresh or frozen)



Directions

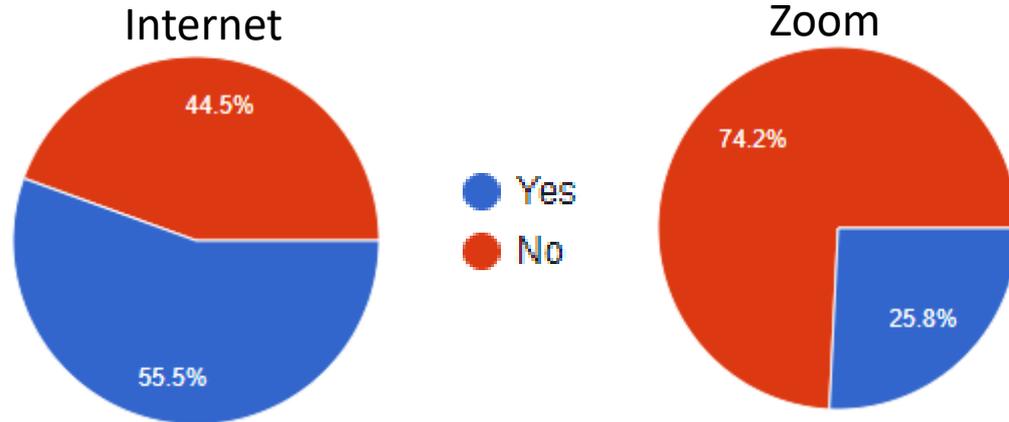
1. Combine all ingredients in a medium bowl.
2. Divide mixture evenly into 3 small jars or cups. Cover and chill for two hours or overnight.

Makes 3 servings

To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.

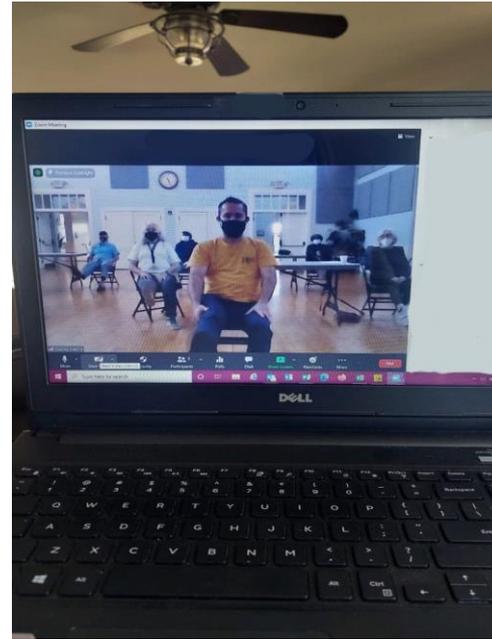
At Home with JABA

- Capturing Data
- Importance of Technology Assessment Survey



At Home with JABA

To Zoom or not to Zoom



At Home with JABA

- **Introducing it to the Community**
- **Expanding the Program**



At Home with JABA

What do our members have to say about this program?



At Home with JABA

Emily Foreman, Manager of
Nutrition Programs

Eforeman@jabacares.org

434-817-5249

Crystal Donovan, Coordinator for
Senior Nutrition At-Home

athomewithjaba@jabacares.org

434-872-3337



**“The secret of change is to focus all your energy, not on
fighting the old, but on building the new”**

Socrates



WYANDOTTE NATION



FROM OUR CHIEF

The Wyandotte Nation, as part of our ongoing effort to reduce the spread of COVID-19 (Coronavirus), will make several changes to keep our citizens, employees and guests safe:

- The Wyandotte Nation will operate with essential employees and limit public access to emergency services effective March 18. If services are needed, please call or email.
- The Bearskin Fitness Center is closed effective at 9 pm March 17.
- Turtle Tots (including preschool, and childcare) is closed effective March 19.
- Wyandotte Nation Cultural Center is closed effective March 18.
- Elders Services (Title VI) will continue to serve lunch as TAKE OUT ONLY from 11 am – 1 pm. No public access to the building will be allowed during this time. Staff will be available to deliver meals to your vehicle. Please stay in your vehicle and drive through the driveway.
- Housing – Activity Center and Community Center closed effective March 17.
- The Bearskin Clinic will provide limited services. Please call before coming to the clinic. Pharmacy services will continue.

Wyandotte Nation Leadership is continually monitoring this situation and will reassess these decisions March 31. Please visit our website or continue to watch our Facebook page for updates. We hope everyone stays healthy and safe!

Home Delivery/Drive Thru During COVID



Myrtle



CAR BINGO



Thursday, April 23, 2020 at 2 p.m.
River Bend Casino Casino Parking Lot
100 Jackpot Pl.
Wyandotte, OK

Lots of Bingo Prizes!!

Make a Funny Car Sign
to be judged to win a prize!

Cars are to be parked 6 feet apart. There will be attendees assisting with parking.

You must be 55 or older to participate.

You must stay in your car at all times

If anyone gets out of their car everyone will have to leave.

If it rains the bingo will be cancelled.

Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe, Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd Hospice



OP
17

April 23, 2020



Could Car bingo

River bend Casino

CAR BINGO



Friday, May 1, 2020 at 2 p.m.
Outpost Casino Parking Lot
69701 E. 100 Rd.
Miami, OK



Lots of Bingo Prizes!!
Make a Funny Car Sign
to be judged to win a prize!

Cars are to be parked 6 feet apart. There will be attendees assisting with parking.

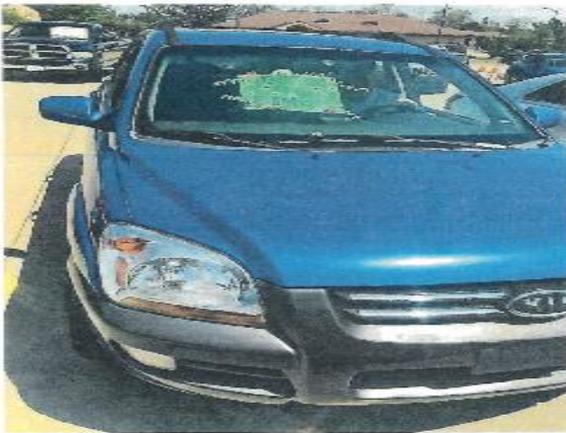
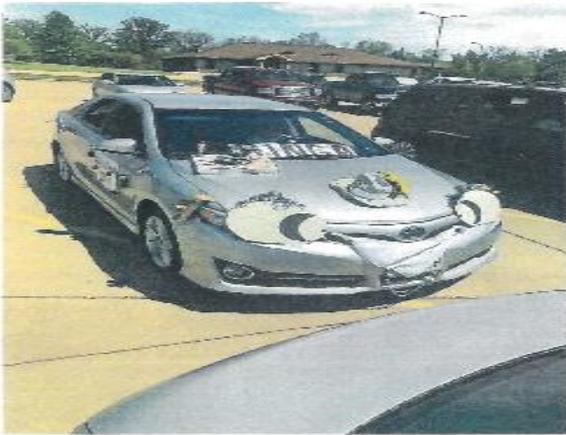
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Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe, Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd Hospice



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4

CAR BINGO



Thursday, May 21, 2020 at 2 p.m.

High Winds Casino Parking Lot

61475 E. 100 Rd.

Miami, OK

Lots of Bingo Prizes!!

Make a Funny Car Sign
to be judged to win a prize!



Cars are to be parked 6 feet apart. There will be attendees assisting with parking.

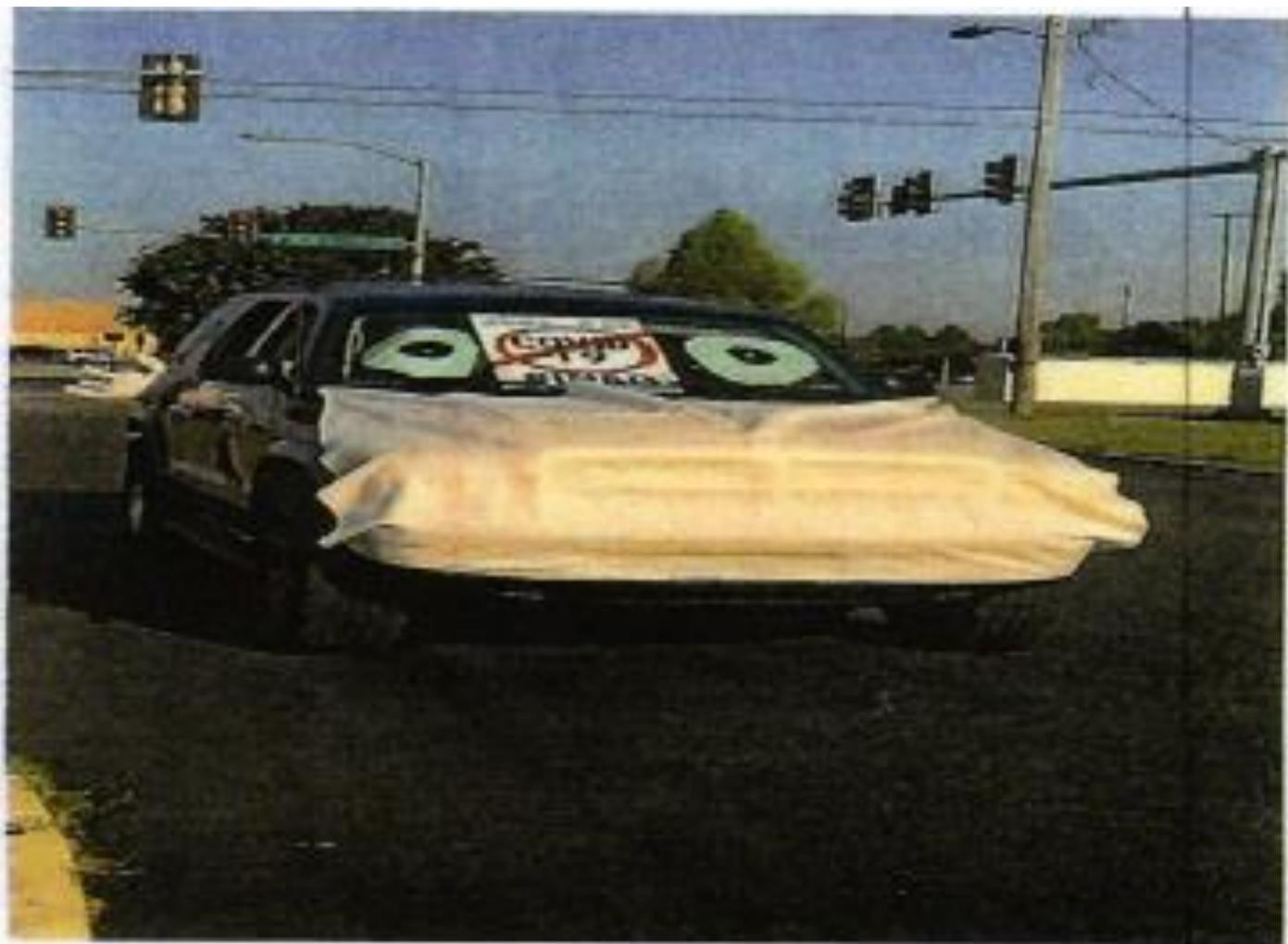
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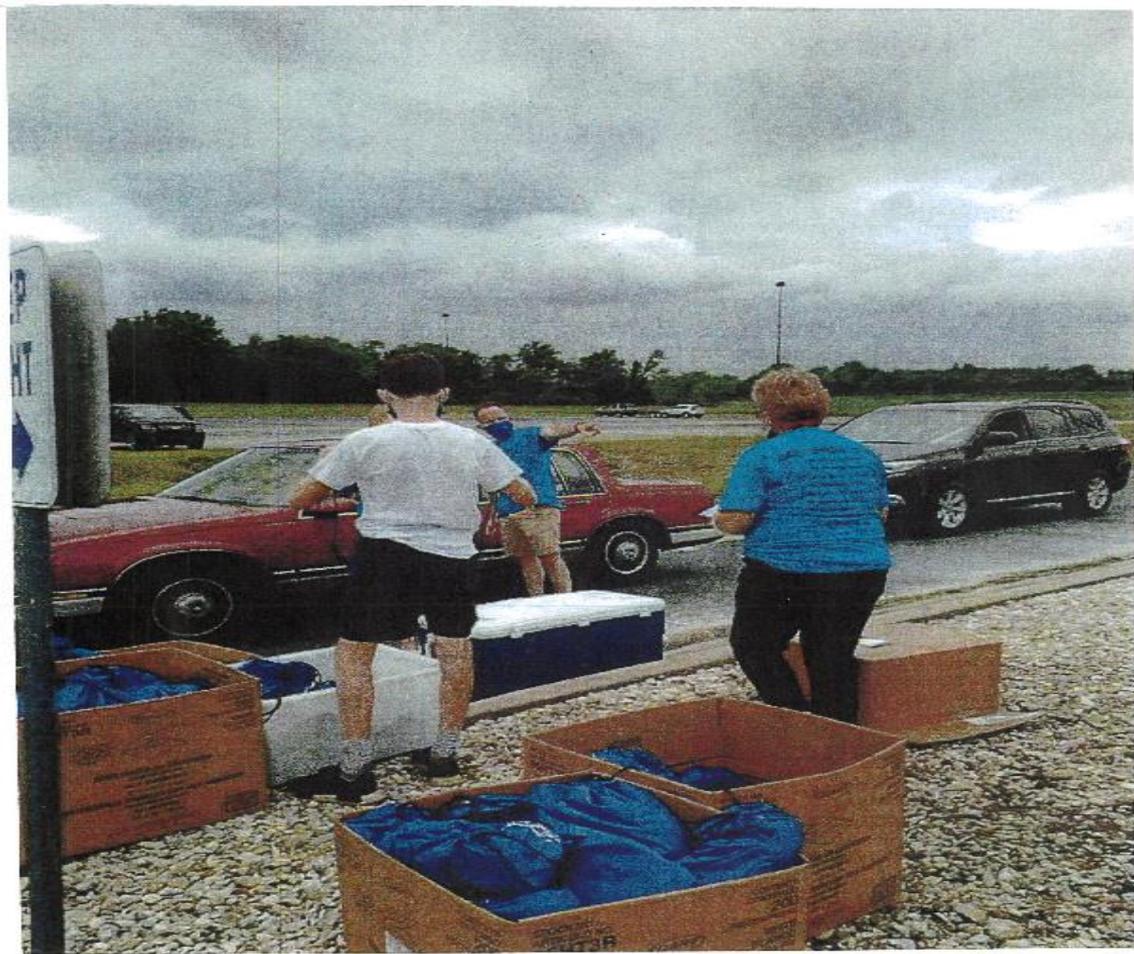
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Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe, Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd Hospice







#/6



7/3

May 21, 2020

Covid Car Bingo



Highlands Casino



4



H
5





CAR BINGO



Thursday, June 18, 2020 at 9 a.m.

First Christian Church

2424 N Main

Miami, OK

Duke Mason will sing from 8-9am

Lots of Bingo Prizes!!

Make a Funny Car Sign

to be judged to win a prize!

Cars are to be parked 6 feet apart. There will be attendees assisting with parking.

You must be 55 or older to participate.

You must stay in your car at all times

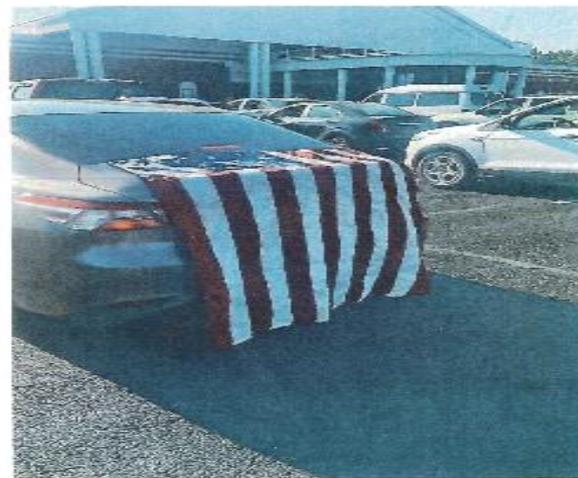
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Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe, Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd Hospice



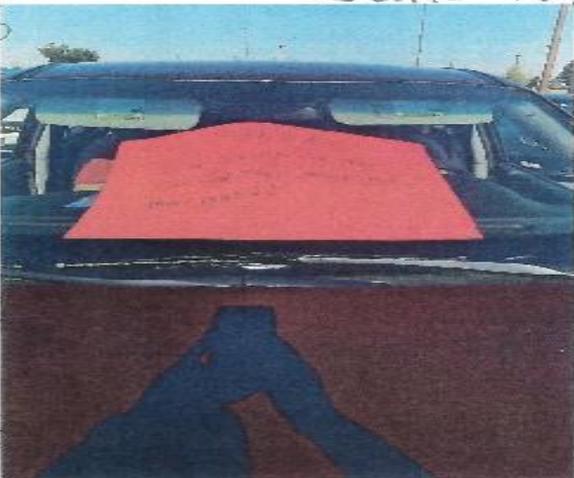
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FC/4

First Christian Church - Covid Car Bingo

June 18, 2020



CC
/ 2

CAR BINGO



Tuesday, June 30, 2020 at 9 AM

Bordertown Casino Parking Lot

West of Seneca at

129 Oneida St.

Wyandotte, OK

Duke Mason will sing from 8-9am

Lots of Bingo Prizes!!

**Make a Funny Car Sign
to be judged to win a prize!**

Cars are to be parked 6 feet apart. There will be
attendees assisting with parking.

You must be 55 or older to participate.

You must stay in your car at all times

If anyone gets out of their car everyone will have to leave.

If it rains the bingo will be cancelled.

**Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe, Quapaw
Nation, Eastern Shawnee Tribe, and Good Shepherd Hospice**



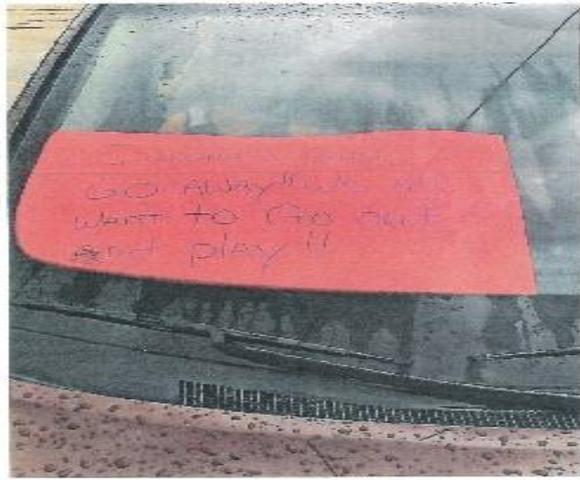
6/3

June 30, 2020

Casino Covid Car Bingo



Border town



6/2

CAR BINGO



Thursday, Sept 10, 2020

Duke Mason performing from 1pm to 2pm

Car Bingo begins at 2pm

First Christian Church

2424 N Main

Miami, OK

Medicare Part D Event

Drawing for a Beautiful New Recliner

Lots of Bingo Prizes-Snacks-Goody Bag

Make a Funny Car Sign

to be judged to win a prize!

Cars are to be parked 6 feet apart. There will be attendees assisting with parking.

You must be 55 or older to participate.

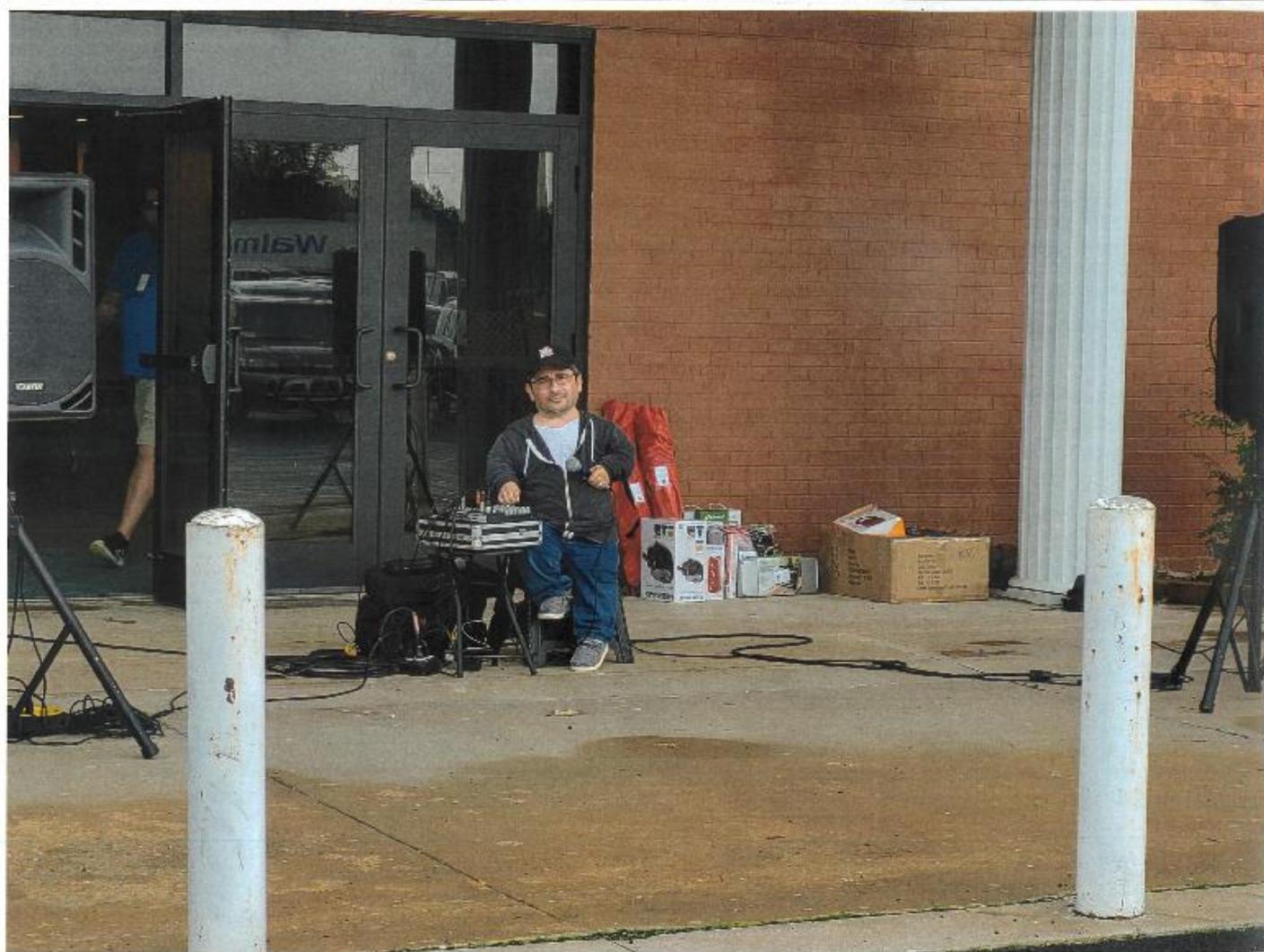
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If it rains it will be cancelled.

Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe, Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd Hospice







DELAWARE COUNTY CAREGIVER
DRIVE THRU



HEALTH FAIR

150

GROVE CIVIC CENTER, GROVE, OK
9:00AM-NOON

NOV  6TH 2020

Lunch • Music • Prizes

Health Screenings and Car Bingo.
Door prizes - 2 recliners, money tree and more!
Music by Duke Mason.
Participants must remain in their cars at all times!

Sponsored by:



Quaker Hill



PEORIA TRIBE



good shepherd
HOSPICE



Delaware County Elder Day Roundup 2020

I hope that this finds you healthy and safe from this pandemic we are experiencing. I would like to invite you to participate in the Delaware County Elder Day Roundup 2020. This health fair has always proven to be an exciting opportunity for many businesses to reach a large population of area residents and we hope that it will continue to be with this new drive thru format.

This event will take place at the Grove Civic Center 1702 S. Main, Grove on November 6, 2020 from 9am to noon. While the setup is quite different, this event is open to the public with all participants remaining in their vehicles at all times. Lunch will be provided and Duke Mason will provide music. Vendors are asked to have items individually bagged for recipients and to provide their own tables, chairs, sanitizers and masks. In addition, we are asking all vendors to bring a (2)door prizes worth approximately \$25 in value each, there is no vendor booth fee this year. You can begin setting up your booth on the morning of Nov 6th at 8 am.

We hope your organization will be able to participate in the health fair this year, we are looking forward to seeing everyone again! Please reserve your booth space by November 2, 2020 by way of mail to: Debbie Hopkins – P.O. Box 114, North Miami, Ok. 74358 or fax 620-848-3017 or email: quaker.outreach@americareusa.net . Please call Debbie Hopkins 918-919-1400 or Hannah Weinrich 918-961-1137 with any questions.

150 attendees



CAR BINGO



Friday, April 30, 2021
Duke Mason performing from 2pm to 3pm
Car Bingo begins at 3pm

Bordertown Casino & Arena
129 Oneida St.
Wyandotte, OK

Medicare Part D Event
Drawing for a Beautiful New Recliner

Lots of Bingo Prizes-Snacks-Goody Bag
It will be cancelled if there is a downpour

Cars are to be parked 6 feet apart.
There will be attendees assisting with the
parking

**Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe,
Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd
Hospice**

**Bearskin Healthcare & Wellness Center
20th Annual Health Fair**

Lunch ~ Music ~ Prizes

**October 22,
2021**

9am-1pm

**Bordertown
Parking Lot**
129 Oneida St
Wyandotte, OK 74370

Fair on the Border! Come Join us!

- *Live music by Duke Mason*
- *Lunch*
- *Door prizes including two televisions and more!*
- *Ice Cream Truck*

Sponsored by

*Quapaw Nation, Wyandotte Nation, Eastern Shawnee Tribe, Ottawa Tribe, Peoria Tribe,
Ottawa County Senior Companions, Grand Gateway, Seneca-Cayuga Nation, Quaker H,
Skilled Nursing, Good Shepherd Hospice, Grandwood Assisted Living*





CAR BINGO



Thursday, May 20, 2021
Duke Mason performing from 2pm to 3pm
Car Bingo begins at 2pm
First Christian Church
2424 N Main
Miami, OK
Medicare Part D Event

This event is for 55 yr. and older

Lots of Bingo Prizes-Snacks-Goody Bag

It will be cancelled if there is a downpour

Cars are to be parked 6 feet apart. There will be attendees assisting with parking.

Sponsored by: Wyandotte Nation, Ottawa/Peoria Tribe,
Quapaw Nation, Eastern Shawnee Tribe, and Good Shepherd
Hospice



VETERANS DAY
HONORING ALL WHO SERVED

Please join Wyandotte Nation for the
Annual Veterans Day Drive Thru Luncheon.

Thursday, Nov 12th 2020

64700 East Hwy 60, Wyandotte, Ok
Flag Ceremony and Pledge of Alligance
will begin at 11:30 in the parking lot.

We will be honored to salute all of our area
Veterans for their Service to our Country, without
These Brave Men and Women we would not have
The Freedoms that we have today.

Thank You for Your Service

34 Veterans Honored



DELAWARE COUNTY ELDER DAY ROUNDUP

TAILGATE PARTY

**GROVE
CIVIC
CENTER
PARKING LOT**



**NOVEMBER
5TH
9 AM - 1 PM**

**MUSIC BY DUKE MASON
CAR BINGO
LUNCH
MEDICARE PART D
ICE CREAM TRUCK
LOTS OF DOOR PRIZES
HEALTH SCREENINGS / FLU SHOTS**

FREE

SPONSORED BY:

QUAKER HILL SKILLED NURSING
GRANDWOOD ASSISTED LIVING
GOOD SHEPHERD HOSPICE
GRAND GATEWAY,
DOC'S INC.
WYANDOTTE NATION
EASTERN SHAWNEE TRIBE
OTTAWA TRIBE
PEORIA TRIBE
SENECA-CAYUGA NATION
QUAPAW NATION
SENIOR COMPANIONS

HAVE QUESTIONS?

CONTACT:

DEBBIE 918.919.1400

HANNA 918.961.1137

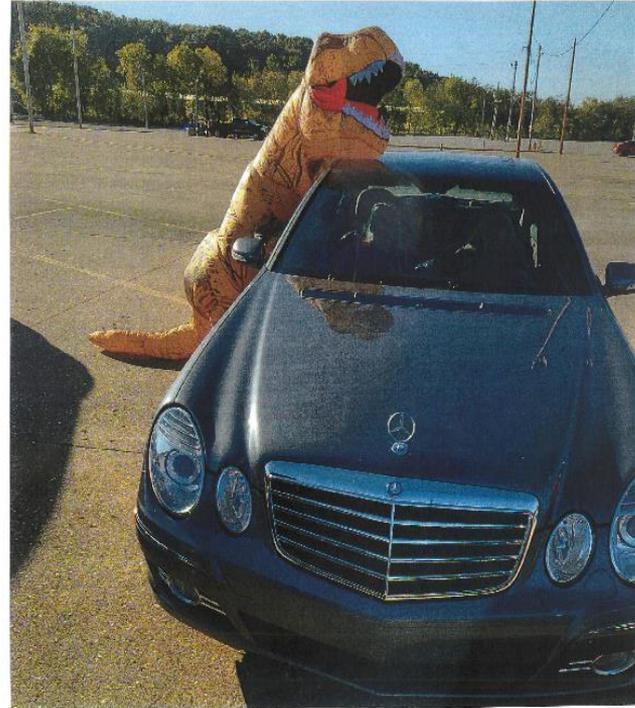
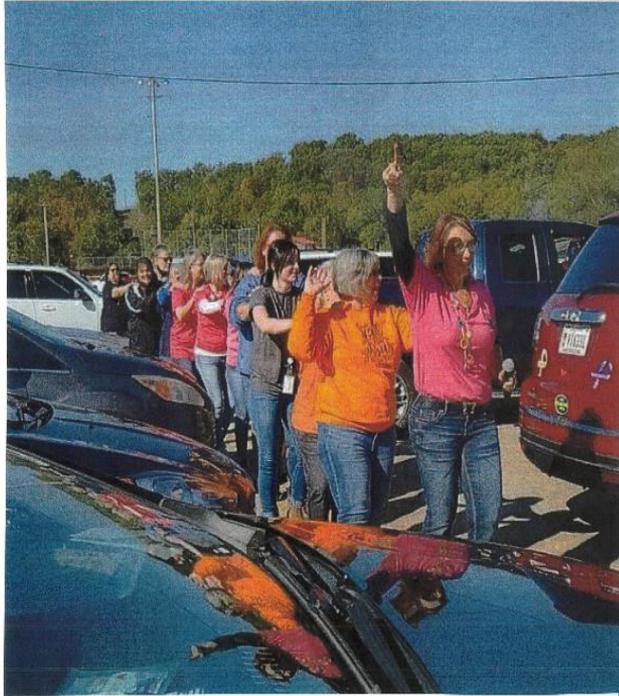




We are serious about our health!



But we like to have fun too!





June Jamboree Sr. Prom (207)
 June 4, 2021 9:30 am - 1:30pm
 1129 E St. SW Miami, Ok. Fairground Show Arena
 Medicare Part D

(Breakfast & Lunch will be provided)

Door Prizes - Free Recliner

Entertainment by: Duke Mason

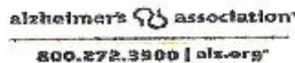
Educational Resources - Event for 55 & older

For reservations call: Good Shepherd Hospice 918-786-6182

*37 Volunteers
170 Elders*



Sponsored By:



Seneca-Cayuga Nation











Veterans' Day 2021



Honoring All Who Served

Wed., Nov. 10th – 11:15am

Wyandotte Nation Title VI

Lunch served 11:30am-1:00pm





VETERAN'S DAY

Our Elder Services Department honored Veterans on Friday November 10, 2021, during a lunch and presentation in advance of Veterans Day. Helping with the presentation were the Wyandotte Nation Honor Guard (Larry Hamilton and John Webb), as well Beth Marsh with Good Shepherd Hospice and Hannah Weinrich with Grandwood Assisted Living.





Those who served

Honoring





engAGED Resources

- Innovations Hub
- Toolkits and template materials
- Videos
- Consumer brochures
- Newsletter and blog
- Resources and research links
- Information on upcoming events

Connect With Us!

- www.engagingolderadults.org
- Facebook: @engAGEDCenter
- Twitter: @engAGEDCenter
- info@engagingolderadults.org

Commit to Connect

- ACL campaign working to combat social isolation through:
 - Network of champions
 - Connection to resources
 - Establishment of partnerships
 - Sharing of successful initiatives



COMMIT TO
Connect

acl.gov/CommitToConnect

Questions and Discussion

Please submit your questions or comments
through the Q&A.

Thank You!

- Please complete the survey which will be displayed in your browser after Zoom closes.
- The recording will be available on www.engagingolderadults.org.
- Thank you for attending today's webinar!